

NOTRE DAME

Catholic School

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Zone 4

Mrs. Karen Wilkinson – Principal

Mrs. Sharon Martinow – Secretary

Mrs. Yolanda Okonski-Secretary

KINDNESS MATTERS-WALK HUMBLLY

October 2017 NEWSLETTER

From the Principal

We have had a great start to the 2017/2018 school year. Students are settling into routines nicely and working very hard to embrace our theme of Kindness Matters...Walk Humbly. I have seen many examples of very kind and loving actions. So proud of our students.

You have received important procedural information from your classroom teachers and through your child's agenda. Please let us know if you have any questions. I would like to thank you for the prompt return of the Family Information Forms. This is very important information for the office to have. If you have not returned them can you do so ASAP. I would like to thank everyone who attended the Meet the Teacher night. We had a nice turnout and it was good to see new and familiar faces.

We would like to congratulate Mrs. Davies who has been blessed with a baby boy Sam. We wish her and her family many happy memories on their new journey.

May your Thanksgiving tables be filled with the bounty of God's harvest and be surrounded with the love of your families.

God Bless
Karen Wilkinson

Thanksgiving Prayer

Dear God

We will soon celebrate Thanksgiving and we thank you for all you have given us.

We thank you for food, for friends, for family and the world you have made for us.

We also remember today those who do not have enough to eat. May we find a way to share with them.

Help us to appreciate one another and to be truly thankful for all your blessings.

Amen



POLICE CHECK

In meeting our Safe School obligations, it is imperative that any volunteer at our school is cleared via a police check. Please pick up the necessary forms at our office. Your assistance with this is greatly appreciated.

Please note that if you received a police check in the past 3 years then you only need to come into the school to sign a declaration. There is an online A.O.D.A training as well. Visit the school website and select Volunteer on the School Information menu





SACRAMENTAL PREPARATION

Children Not Yet Baptized

If you have a child you would like to have Baptized, please call the Church Office. Baptisms take place monthly, except during Lent.

If your child is over the Age of Reason (around age 7), they will need to go through a special preparation process and will celebrate all three Sacraments of Initiation at once. If you or your child are interested in this program, please contact Andrew Beach at the Church Office as soon as possible. This preparation journey typically begins in mid-November.

Confirmation

Our Confirmation program is open to students in grades 7 and above. Registration forms are due in on Friday, October 13th by 4:00pm at the Church Office. Our initial meeting for Candidates and their parents will take place on Tuesday, October 3rd at 7:00pm. If you cannot make this date, please call the Church Office immediately.

First Communion/First Reconciliation

First Communion and First Reconciliation preparation will begin in mid November for all students grades 2 and up who have not yet received these sacraments. Our first information meeting will be on Tuesday, October 24th at 6:30pm for you and your child. More details will be sent home shortly.

YOUTH MINISTRY

Our Youth Ministry program is open to all young people in grades 6 and above. We normally gather once a month for an activity or trip.

Hallowe'en for Hoodies

Join our Youth Ministry as we participate in our second annual "Hallowe'en for Hoodies" in support of the Society of Saint Vincent de Paul. We'll be dropping flyers off at local houses on Saturday, October 21st informing people of the collection. On Tuesday, October 31st we'll be going door-to-door collecting hoodies, coats, mitts, scarves, gloves, and other cold-weather gear.

Retreat Weekend

On the weekend of October 27th to 29th we're heading to CYO Camp Brebeuf along with young people from Most Blessed Sacrament Parish in Hamilton. Join us for a number of games, activities, prayer, the chance to meet new friends, and so much more. Archery, team-building, and a high ropes course will be part of our weekend. Permission Forms are required for this activity, and are due in to the parish office no later than 4pm on Monday, October 17th with full payment. Forms are available via our Facebook Page, on the Parish Youth Ministry website, and for pickup at the Parish Office. Cost to participate: \$90 for whole weekend (includes, transportation, food, and all activities).

CATHOLIC WOMEN'S LEAGUE

Annual Fall and Christmas Bazaar

The Catholic Women's League will be holding their annual Bazaar on Saturday, October 14th from 9:00am to 2:00pm in the Church Hall. Come find great deals, or enjoy some delicious foods from the deli or the baked goods table.

MATH IN THE HOME

Your home is full of opportunities to explore math with your child and at the same time build his or her self-confidence and understanding of mathematical ideas. Each month some examples of math activities that can be done at home will be shared in the newsletter.



Coin Clues

Ask your child to gather some change in his or her hand without showing what it is. Start with various amounts. Ask your child to tell you how much money and how many coins there are. Children could also guess what's in your hand... "I have 65 cents and 5 coins. What coins could I have? You could also try how many ways can you make 10 cents, 25 cents, 60 cents, 75 cents, etc... You can help your child add the coins in various ways to get different answers.

Coin games help children learn the value of coins. They also teach counting addition, subtraction and multiplication.



Halloween will be celebrated on Tuesday, Oct. 31st and will follow the traditions of past years. The JK/SK class will be joining us on our costume walk through the community. We are asking that we are VERY careful about what is being sent into school to ensure all students that have allergies are safe. Sending in a Halloween pencil or something similar may be an exciting alternative to candy. More spooky details will be provided later in the month.

Soccer Tournament

Thursday October 5th
John Wright Soccer Field
Brantford



Thanksgiving- Oct. 9th
PA Day- Oct. 13th

Upcoming Dates

- Oct. 3rd - School Photos
- Oct 4th – Fair Gr.3/4, 4/5 Fair
- Oct 5th – Soccer; Pizza Day
- Oct. 9th – Thanksgiving
- Oct. 12th – Pasta Day
- Oct. 17th – Mass at St Pius
- Oct. 19th – Pizza Day
- Oct. 26th – Pasta Day
- Oct. 23rd – JK/SK trip
- Oct. 31st – Halloween



Parking Lot Safety

Please Remember.....Safety First

When dropping your children off in the morning and picking them up at night please drive **slowly** coming into the parking lot and watch for students crossing the road or coming across the parking lot. **We are in a school zone.**

Please do not park in the No Parking areas. This causes a very dangerous situation and there have been some very close calls in the past in the parking lot. Please consider the circle area and the fire route areas along the sidewalks as well.

"Kiss-Drop-and Drive on" areas. These are not parking areas!

If you must park, please use the parking spots and the parking along Brantwood Park Road.

Remember:

- 1. The circle area is a no parking area.** This is used to pick up your child. If when you are picking your child up and they are not ready please continue to drive in a loop around the parking lot to keep the flow of traffic moving. No stopping and waiting is permitted in the circle area.
- 2. The Fire Routes along the sidewalks are No Parking areas.**
- 3. Slow Down!!!**

Thank you in advance for your cooperation in this matter. We want to ensure the safety of all

A Note From the Public Health Nurse at Your School... Healthy Breakfast

Breakfast is a nutritious and delicious way to start the school day!

To help your child do their best in school this year and keep their energy up throughout the day, start them off with a breakfast of champions. Children who eat a balanced breakfast will perform better in school and will develop healthier eating habits as they grow older.

To make each morning's breakfast a breeze, keep these easy tips in mind:

Keep a well-stocked kitchen: Have whole-grain cereals, milk, yogurt, whole grain breads and bagels, fruit, peanut butter, and cheese on hand

Prepare in advance: Prepare the night before. Set the table, cut up any fruit and have cereal all ready to go for the next morning

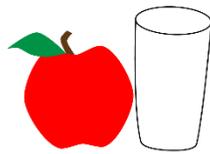
Wake up earlier: Waking up a little earlier will allow for a more relaxed breakfast

Include everyone: Include children in planning and making breakfast by letting them choose breakfast items and getting them to help you clean up afterwards

Variety is the spice of life: Include foods from at least 3 of the 4 food groups (Canada's Food Guide) and make breakfast an exciting time by trying these quick and easy breakfast ideas:

- Grilled cheese sandwich with melon slices on the side
- Smoothie made with fruit, yogurt, and nut butter
- Scrambled eggs wrapped in a tortilla with milk on the side
- Whole grain cereal or trail mix stirred into yogurt with a piece of fresh fruit
- Whole grain cereal, banana and milk

For more healthy living tips and ideas, visit Eat Right Ontario www.eatrightontario.ca, or speak to the public health nurse at your school.



Breakfast Program

Snack

Our breakfast program is off to a great start. We are serving approximately 215 students, four days a week. Students are provided a dairy, fruit or veg, and carb option each day.

Fresh From the Farm Fundraising

We are excited about this new fundraiser and hope that it went well. Please bring all forms back to the school by **Oct. 6th**. School deliveries will be in November. We will be able to let you know about a week before they arrive.



Pasta Night will be on November 8th. Order forms will be coming home shortly. It will be a great night to get together as a community.



PIZZA AND PASTA DAYS- As of November pizza and pasta days will be on Wednesdays instead of Thursdays.